

**Open Report on behalf of Dr Tony Hill, Director of Public Health**

Report to:	<b>Children and Young People Scrutiny Committee</b>
Date:	<b>29 November 2013</b>
Subject:	<b>School PE, Sport and Physical Activity: The development of the Legacy Challenge across Lincolnshire</b>

**Summary:**

This report is to provide a briefing for the Children and Young People Scrutiny Committee summarising the school sports agenda and Public Health's commissioned initiative – the Legacy Challenge.

**Actions Required:**

The Children and Young People Scrutiny Committee is invited to note the briefing paper and offer a recommendation to support the work of the school sports partnerships of Lincolnshire.

## **1. Background**

### The School Setting: PE, Sports and Physical Activity

Schools have the primary responsibility for PE, sports and physical activity for their students. This is a component of Ofsted inspections. A variety of partners locally are commissioned to support the county's schools and academies. A plethora of national charities and commercial agencies are also available to support schools. There is a mixed economy of providers. From within Lincolnshire there is a history of collaboration of providers working together to enhance PE, sport and physical activity - the School Sport Partnerships of Lincolnshire:

- CfBT Education Services – expertise and experience of high quality PE curriculum and continued professional development.
- Schools sports partnerships - sport continued professional development, peer mentoring, volunteering, parent engagement, provision of specialist coaches, Gifted and Talented support to schools.
- School games organisers – Youth Sport Trust funded support for developing competitive opportunities in sport, sustainable participation in clubs and school games, workforce development for the school games across teaching and non-teaching partners.

- Lincolnshire Sports Partnership - to coordinate and manage programmes and events which encourage people to become active and stay active, e.g. Level 3 sports festivals, Lincolnshire Coaches Network and community sports networks.
- Public Health – commissioning of health improvement interventions, the Healthy Schools Programme.

Lincolnshire County Council contracts CfBT Education Services to undertake a school improvement function for Lincolnshire schools. The development of high quality PE is a particular theme within the service.

Over the last decade there had been eight school sports partnerships across the county seeking to enable pupils to be more active more often during school hours. In 2010 the dedicated £162m a year funding was cut. All but one of the school sports partnerships closed. The South West school sports partnership was able to secure independent sponsorship to continue as Inspire Plus, a school sports charity.

In 2011, the Culture Secretary through Sport England announced funding for school games organisers at locality levels equivalent to school sports partnerships. This funding, provided by the Department of Health and Sport England, would be routed through the Youth Sport Trust. Each locality would receive a grant of £23,800 per year from 2011 to August 2015 (pro-rata) for the appointment of school games organisers. The role would be to:

- increase participation (particularly amongst the least active young people)
- increase school competition through engagement in Level 2 School Games and
- ensure progression into Level 3 County Festivals, local clubs and community sport.

In 2013 the coalition government announced there would be a ring-fenced fund of £150m a year for two years (2013/14 and 2014/15) to allow primary schools to enhance their PE, sport and physical activity provision. Schools with 17 or more primary-aged pupils will receive a lump sum of £8000 plus a premium of £5 per pupil. Smaller schools will receive £500 per pupil. A typical school with 250 pupils would receive around £9,250 each year. Across Lincolnshire the collaborative partnerships are providing offers to schools for support services and interventions, for example, *Lincolnshire Sport: PE and School Sport Solutions* brochure to schools.

The responsibility for the use of the Sport Premium rests with the headteacher and governing body. An annual report is required on the use of the Sport Premium for Ofsted, who will survey schools on the impact of the new funding and hold schools accountable for their spend.

A component of the Sport England funds with county sports partnerships is to have assurance that offers of support are available and undertaken. The Lincolnshire Sports Partnership is working with CfBT, school games organisers and Inspire + to assess the level of engagement of primary schools with local and national offers of support and where no offer is being utilised to enquire further. The sports partnership is required to report to Sport England regularly.

## Public Health Interventions

In recent years Public Health has been able to commission county-wide interventions through the partnerships, e.g. Rowed to Fitness: 2007, Wheelchair Basketball: 2009, Multi-skill Training Package (MSTP): 2010. This year Inspire Plus has been commissioned to implement the Legacy Challenge across the county's primary schools.

The Legacy Challenge is a resource for primary schools that seeks to:

- encourage children and families to be more active and healthier at school and in their community
- increase pupil numbers participating in intra and inter-school competition
- provide evidence for Ofsted and Sport Premium
- develop leadership skills among young people.

Schools are able to access training for teachers and students (Legacy Ambassadors) to implement the intervention in their school. The student-led intervention challenges pupils (and their families) to undertake up to six legacy challenges:

- demonstrate Olympic and Paralympic values of friendship, respect, excellence, equality, courage, determination, inspiration
- complete 10 hours of volunteering at school, at home, in your community
- undertake regular activity and healthy eating
- join a sports club
- take part in inter or intra school competition
- a personal challenge.

The completion of two challenges equates to a bronze medal; four challenges a silver and six completed challenges a gold medal.

As well as personal success being recorded through medals tables, classroom surveys pre and post intervention are available to demonstrate the scales of behaviour change within schools. For an example, a primary school has recently undertaken the baseline survey. Following the intervention the school will undertake a post-intervention survey to assess the school impact (See Appendix A).

## **2. Conclusion**

School based PE, sports and physical activity has gone through considerable change over the last three years. National and local agencies are seeking to enhance PE, sport and physical activity, especially in primary education. To complement this work Lincolnshire County Council: Public Health has commissioned Inspire Plus (a local schools sports charity) to implement The Legacy Challenge across Lincolnshire, in collaboration with CfBT Education Services, school games organisers, Lincolnshire Sports Partnership and primary schools.

### 3. Consultation

In preparation for this briefing the following partners have been consulted: Inspire Plus, school games organisers, Lincolnshire Sports Partnership.

#### a) Policy Proofing Actions Required

n/a

### 4. Appendices

These are listed below and attached at the back of the report	
Appendix A	Table of Baseline Results for a Primary School

### 5. Background Papers

The following background papers as defined in the Local Government Act 1972 were relied upon in the writing of this report.

Document title	Where the document can be viewed
Lincolnshire Sport: PE and School Sport Solutions	Please contact Democratic Services on 01522 553787.
School Games: 2011	Please contact Democratic Services on 01522 553787.
Legacy Challenge: Teacher Guide	Please contact Democratic Services on 01522 553787.

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<b>School A Questionnaire 1 Results</b>			
<b>Date of Report:</b> 10/11/2013	<b>Totals:</b>		
<b>Questions</b>	<b>Boys</b>	<b>Girls</b>	<b>Overall</b>
	<b>142</b> 48.5%	<b>151</b> 51.5%	<b>293</b> 100%
1) In the last month, have you completed 10 hours of leadership and volunteering?	<b>16</b> 11.3%	<b>20</b> 13.2%	<b>36</b> 12.3%
2) In the last month, have you thought about how healthy you are?	<b>57</b> 40.1%	<b>74</b> 49.0%	<b>131</b> 44.7%
3) In the last month, if you are able to, have you cycled or walked to school?	<b>96</b> 67.6%	<b>91</b> 60.3%	<b>187</b> 63.9%
4) In the last month, have you participated in an after-school sports club at your school?	<b>40</b> 28.2%	<b>36</b> 23.8%	<b>76</b> 26.1%
5) In the last month, have you participated in a sports club outside of school / in your community?	<b>45</b> 31.7%	<b>57</b> 37.7%	<b>102</b> 34.8%
6) In the month, have you completed a sports competition held in your school involving pupils from your school?	<b>0</b> 0.0%	<b>0</b> 0.0%	<b>0</b> 0.0%
7) In the last month, have you represented your school in a sporting competition (including the Sainsbury's School Games)?	<b>0</b> 0.0%	<b>1</b> 0.7%	<b>1</b> 0.3%
8) Do you have a healthy breakfast?	<b>84</b> 59.2%	<b>111</b> 73.5%	<b>195</b> 66.6%
9) Do you have five portions of fruit or vegetables each day?	<b>33</b> 23.2%	<b>55</b> 36.4%	<b>88</b> 30.0%
10) Does your school encourage you to bring a healthier lunchbox to school?	<b>106</b> 74.0%	<b>119</b> 78.8%	<b>225</b> 76.8%
11) *Do you understand the importance of eating healthier?	<b>68</b> 47.9%	<b>88</b> 58.3%	<b>156</b> 53.2%
12) *Do you understand why smoking is dangerous for your health?	<b>63</b> 44.4%	<b>69</b> 45.7%	<b>132</b> 45.1%

\* Questions 11 & 12 were optional due to the nature of the questions and were left out at the discretion of the class teacher.

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